# February 2013 Newsletter

### Louisiana Department of Transportation



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SJB Group Services

# Breakfast Social

# Tuesday/Thursday Breakfast Social Discussion February 14, 2013

Highlights – The SJB Group DBE Supportive Services staff (Mrs. Jackie des Bordes, Mr. Kenyatta Sparks, and Ms. Grace Chatman) hosted another breakfast meet and greet session on Thursday, February 14, 2013. Mr. Keith Williams of J.W. Construction Group, LLC., a newly certified DBE firm, attended the meeting to discuss the services and assistance available to his company under the DBE Supportive Services Program. There were discussions about LADOTD bidding process, business marketing, and maneuvering LADOTD's website. We also provided him a copy of our Directory of Engineering Consultants Booklet, and will provide a copy of our Directory of Prime Contractors Booklet. These booklets contain information on firms that have done business with LADOTD that a DBE may be interested in contacting about potential work.

We thank Mr. Williams for taking time out of his schedule to attend the meeting and we look forward to assisting him with the continued growth and sustainability of his business.

As a reminder, our Breakfast Social Discussion meetings are held on Tuesdays and Thursdays, 7:30 AM to 8:30 AM, at our office, 5745 Essen Lane, Suite 200, Baton Rouge, Louisiana. If you are interested in attending, please call Mr. Sparks at (225) 769-3400.



# OSHA NEWS ... Materials Handling: Heavy Lifting

Lifting heavy items is one of the leading causes of injury in the workplace. In 2001, the Bureau of Labor Statistics reported that over 36 percent of injuries involving missed workdays were the result of shoulder and back injuries. Overexertion and cumulative trauma were the biggest factors in these injuries.

When employees use smart <u>lifting practices</u> and work in their "<u>power zone</u>," they are less likely to suffer from back sprains, muscle pulls, wrist injuries, elbow injuries, spinal injuries, and other injuries caused by lifting heavy objects.

#### **Weight of Objects**

#### **Potential Hazards:**

- Some loads, such as large spools of wire, bundles of conduit, or heavy tools and machinery place great stress o muscles, disc, vertebrae.
- Lifting loads heavier than 50 pounds will increase the risk of injury.

#### **Possible Solutions:**

- Use mechanical means such as forklifts or duct lifts to lift heavy spools, transformers, switch gear, service sections, conduit, and machinery.
- Use pallet jacks and hand trucks to transport heavy items.
- Use ramps or lift gates to load machinery into trucks rather than lifting it.
- Material that must be manually lifted should be placed at "power zone" height, about mid-thigh to mid-chest. Maintain neutral and straight spine alignment whenever possible. Usually bending at the knees, not the waist, helps maintain proper spine alignment.
- Limit weight you lift to no more than 50 pounds. Use two or more people to lift loads heavier than 50 pounds.

#### **Awkward Postures**

#### **Potential Hazards:**

- Bending while lifting forces the back to support the weight of the upper body in addition to the weight you are lifting, and places strain on the back when lifting something light as a screwdriver. Bending moves the load away from the body and allows leverage to significantly increase the effective load on the back. This increases the stress on the lower spine and fatigues the muscles.
- Reaching moves the load away from the back, increases the effective load, and places considerable strain on the shoulders.
- Carrying loads on one shoulder, under an arm, or in one hand, creates uneven pressure on the spine.

#### **Possible Solutions:**

Move items close to your body and use your legs when lifting an item from a low location.

Store and place materials that need to be manually lifted and transported at "power zone" height, about mid-thigh to mid-chest.

- Avoid twisting, especially when bending forward while lifting. Turn by moving the feet rather than twisting the torso.
- Keep your elbows close to your body and keep the load as close to your body as possible.
- Move items close to your body and use your legs when lifting an item from a low
- Keep the vertical distance of lifts between mid-thigh and shoulder height. Do not start a lift below mid-thigh height nor end the lift above shoulder height. Lifting from below waist height puts stress on legs, knees, and back. Lifting above shoulder height puts stress on the upper back, shoulders, and arms.
- Use ladders or aerial lifts to elevate employees and move them closer to the work area so overhead reaching is minimized.

### OSHA NEWS.....

- Keep the load close to the body. When lifting large, bulky loads, it may be better to bend at the waist instead of at the knees in order to keep the load closer to your body.
- Use roll-out decks installed in truck beds to bring materials closer to the employee and eliminate the need to crawl into the back of a truck.

#### **High-Frequency and Long-Duration Lifting**

#### **Potential Hazards:**

• Holding items for a long period of time, such as when installing fixtures or j-boxes, even if loads are light, increases risk of back and shoulder injury since muscles can be starved of nutrients and waste products can build up.

Repeatedly exerting, such as when pulling wire, can fatigue muscles by limiting recuperation times.

#### **Possible Solutions:**

- Provide stands, jigs, or mechanical lifting devices such as duct lifts to hold large, awkward materials such as junction boxes and service panels in place for fastening.
- Rotate tasks so employees are not exposed to the same activity for too long.
- Work in teams; one employee lifts and holds items while the other assembles.
- Take regular breaks and break tasks into shorter segments. This will give muscles adequate time to rest. Working through breaks increases the risk of musculoskeletal disorders (MSDs), accidents, and reduces the quality of work because employees are over fatigued.
- Plan work activities so employees can limit the time they spend holding loads.

#### **Environmental Factors**

#### **Potential Hazards:**

- Cold temperatures can cause decreased muscle flexibility, which can result in muscle pulls.
- Excessively hot temperatures can lead to dehydration, fatigue, and increased metabolic load.
- Low visibility or poor lighting increases the chance of trips and falls.

#### **Possible Solutions:**

- Adjust work schedules to minimize exposure to extreme temperatures.
- Wear warm clothing when exposed to cold temperatures.
- Drink lots of water to avoid dehydration in excessive heat.





### **UPCOMING WORKSHOPS....**

#### LSDBC @ SOUTHERN UNIVERSITY: MAIN OFFICE

#### Events/Workshops

#### **Small Business Education Series II**

Saturday, February 23, 2013 8:00 AM to 1:00 PM—Don't miss the Small Business Education Series II. Hear from area experts on various aspects of running your business. Topic for this series are as follows: Insurance and Bonding, Securing a Line of Credit, Estimating, How to Bid Contracts, Writing a Winning Proposal and Doing Business with the State and Federal Government. Location: Southern University - College of Business, T. T. Allain - SU Global Conference Center, Baton Rouge

#### Starting and Financing a Small Business

Wednesday, March 06, 2013 10:00 AM to 12:00 PM—This workshop is highly recommended for all individuals interested in determining the feasibility of their business idea, planning to start or have recently started a small business, seeking a small business loan, or wanting to learn more about business planning. Topics of discussion will include writing a business plan, sources of funds for start-up and expansion, small business resources, and required licenses. Location: Louisiana Technology Park, Baton Rouge

#### Writing a Business Plan

Monday, February 25, 2013 10:00 AM to 12:00 PM—A written business plan is the roadmap for your business. This seminar covers the detailed parts of a thorough business plan. This is for aspiring entrepreneurs and new ventures. Topics Covered: What is a Business Plan? and Steps to creating a Business Plan. Each individual will be given a Full Business Plan Planner Workbook. Location: LSBDC at Southern University: Main Office, \*Baton Rouge

#### LSBDC GREATER NEW ORLEANS REGION: MAIN OFFICE

#### Intermediate QuickBooks

Wednesday, February 27, 2013 3:00 PM to 6:00 PM—A continuation of our popular Basic Level QuickBooks Workshop, this session will assist you with more advanced topics such as payroll, inventory, setting personal preferences, sales taxes and many other areas that will make your use of QuickBooks more efficient and more enjoyable. A working knowledge of QuickBooks is needed to grasp the topics presented in this class. Skills learned include: • Trouble shooting for common mistakes • How to handle deposits and NSF checks • Specialty transactions • Customizing QuickBooks for your business needs • Setups for Credit Cards and Payroll • Prepare and filling of tax returns • Perform a year-end close with QuickBooks. Speaker: Richard Melancon, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 60.00

#### In Business Over 2 Years? - Are You Where You Want to Be?

Thursday, February 21, 2013 3:00 PM to 6:00 PM—Have you been in business for a few years? Are you where you thought you would be when you opened? Does your business feel stuck? This seminar will re-introduce you to the power of the business planning process. It will show existing businesses how to review your current business condition, a process to set goals for the business, and how to translate goals into results through focused activities. • How Did Your Business Do Last Year? • Set Goals For Your Business • Translate Goals Into Actions. Speaker: Mike Pennison, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 40.00

#### **Business Plan Writing**

Wednesday, February 27, 2013 12:00 PM to 3:00 PM—A written business plan enables you to control your business. This seminar covers the detailed parts of a thorough business plan. This seminar is for aspiring entrepreneurs and new ventures. Topics Covered: • What is a Business Plan and what is it used for? • Full Business Plan Planner Workbook • Worksheets for Financial Projections. Speaker: Mike Pennison, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 35.00

#### **UPCOMING WORKSHOPS....**

Cash Flow Management

#### **Budgeting For Profit**

Wednesday, March 06, 2013 2:00 PM to 5:00 PM—An overview of the purpose of budgeting, the types of budgets, and the elements of a successful budget. The program includes a process for creating a budget, ways to analyze and compare budgets, and important guidelines to apply during the budgeting process. Learn: • 5 Purposes of Budgeting • Various Types of Budgets • Steps of the Budgeting Process • Elements of a Successful Budget • 5 Methods for Analyzing Budget Information • Guidelines to Remember During the Budgeting Process. Speaker: Richard Melancon, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 40.00

#### 5 Steps to Secure Financing

Tuesday, February 26, 2013 3:00 PM to 6:00 PM—Learn what to do before approaching a lender. This seminar will help identify and assess business' financial needs, identify sources of capital, and prepare the essential documents for a lender or investor. Knowing what the lender is looking for and the questions the lender wants answered may improve the chances of obtaining the financing that the business needs. Participants will receive helpful forms to use in preparing a financial package • Key Questions Lenders Want Answered • Worksheets to Determine Start-up Costs, Personal Financials, and Budgets. Speaker: Michael Pennison, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 40.00

#### **Human Resource Requirements of Your Business**

Tuesday, February 26, 2013 2:00 PM to 4:00 PM—Whether you deal with employees or independent contractors, you have certain legal obligations. Find out what they are and what you need to know about the people who work for you. Topics including hiring, pay, termination, discrimination, contracts and non-compete clauses. Speaker: Al Overman, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 35.00

#### **Building a Resilient Business**

Thursday, February 28, 2013 2:00 PM to 4:00 PM—Your business means more than just your livelihood. It represents your investment of time, capital, blood, sweat and tears. It may embody your passion. It's just common sense to take every precaution to protect your assets and ensure the continuation of your operations in the face of a disruptive event. This seminar will show you how to: • Build flexibility and durability into your business processes • Identify and prioritize functions and resources that are critical to your business operations • Document and develop your plan to survive! Speaker: Jerre Madere, Business Continuity Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie

#### Understanding Business Property

Tuesday, March 12, 2013 2:00 PM to 4:00 PM—Almost every business has some sort of business property – movable or immovable. This could include leases, inventory, fixtures and bank accounts, as well as the other more traditional types of property like buildings, land and equipment. Understanding how to properly deal with your business property can save you a lot of money. Learn what you need to know about the property that is a vital part of your business. Speaker: Al Overman, Business Consultant Location: <u>LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie</u> Fee: \$ 35.00

#### Starting & Financing a Small Business

Tuesday, February 26, 2013 6:00 PM to 8:00 PM—This seminar will provide entrepreneurs with a comprehensive overview of the steps to be taken to start a business, the essentials of business planning, and how to determine funding needs for the start-up. Seminar covers:

• Items you want to know before starting a business • Preparing for business success • How to start your business • Financing options • Resources for your business . Speaker: Jerre Madere, Business Consultant Location: <u>LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie</u>

### **UPCOMING WORKSHOPS....**

#### What Happens to Your Business, If Something Happens to You?

Wednesday, February 27, 2013 8:00 AM to 10:00 AM—What Happens to Your Business, If Something Happens to You? Planning for the life of your business What happens to your business' financial and contractual obligations, employees, and customers if you are unavailable or incapacitated – for any reason? What do government agencies expect of their suppliers/contractors? Whether your absence is planned or unplanned, whether it is short-term or permanent – at some point, you may need (or want) to delegate authority, transfer leadership, and/or ultimately transfer ownership of assets. Learn how this can be done and start the process that will enable you to sustain a healthy functioning organization. Rational decisions are difficult to make in the midst of crisis. This two-hour seminar will help prepare you for: • Continuity of operations • Orders of succession and transfer of leadership • Transfer of assets. Speaker: Jerre Madere, Business Continuity Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie\*

#### Communication Counts: The Power of Listening

Tuesday, March 05, 2013 5:00 PM to 8:00 PM—Studies confirm that good listening is one of the top skills needed for success in business. Leaders who listen get the best performance from their people. In sales, effective listeners build stronger customer relationships that translate into more sales. Effective listeners generate fewer customer complaints. Yet, in today's world of sound bites, tweets, and general communication overload, listening is an endangered skill. In this seminar, you will learn: • How listening can have a direct impact on your business' bottom line • How to overcome barriers to communication • How to become an active listener. Speaker: Jerre Madere, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 40.00

#### Communication Counts: Write It Right

Thursday, March 07, 2013 5:00 PM to 8:00 PM—Whether it takes the form of an email, memo, business letter, contract, policy/protocol, or proposal – once your written communication is sent, it can't be taken back, edited or corrected. Your words are permanently "out there." How well do they represent the real you and the quality of your business? The business environment is increasingly competitive, and effective written communication skills can give you the edge. Learn how to choose your words, keep it simple, and edit your own writing. Speaker: Jerre Madere, Business Consultant Location: LSBDC Greater New Orleans Region: Main Office, UNO Jefferson Center, \*Metairie Fee: \$ 40.00

#### Starting & Financing a Small Business

Wednesday, March 13, 2013 2:00 PM to 4:00 PM—This seminar will provide entrepreneurs with a comprehensive overview of the steps to be taken to start a business, the essentials of business planning, and how to determine funding needs for the start-up. Seminar covers: • Items you want to know before starting a business • Preparing for business success • How to start your business • Financing options • Resources for your business. Speaker: Jerre Madere, Business Consultant Location: <u>LSBDC Greater New Orleans Region: Main Office</u>, UNO Jefferson Center, \*Metairie

## **SAVE THE DATE!!!**

#### **DBE SUMMIT**

Date: April 16, 2013 Registration: 7:30am Start: 8:00am End: 12:00pm

Location: T-Tech Building on LSU Campus

Key note speakers—information packed workshops and a panel discussion



#### LA DOTD DBE PROGRAM CONTACT INFORMATION



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#### FEATURED DBE FIRM

# INTRODUCING A THRU Z JANITORIAL SERVICE & SUPPLY, INC.

Where customer service is our only concern!



Kevin Johnson, owner; Preston Johnson, supervisor; Angie Martin, office manager; and Angie Depew, sales assistant, show some of the cleaning products for sale and maintenance machines for rent at A thru Z Janitorial Service and Supply in Gonzales.



Angie Martin, office manager, and Kevin Johnson, owner of A thru Z Janitorial Service and Supply in Gonzales, invite the public to visit and learn how they can save on hundreds of cleaning products.

Kevin Johnson opened A thru Z Janitorial Service and Supply in Gonzales 19 years ago and has been satisfying customers ever since. A thru Z is open to the public for the sale of every imaginable type of cleaner, and the company also provides cleaning services to businesses and unoccupied residences.

They offer cleaners for bathrooms, kitchens and floors as well as disinfectants, sanitizers, mildew and soap film remover, degreasers, drain openers and deodorizers. Floor care products include carpet cleaner and spot removers, and cleaners, sealers and strippers for hard surface floors. Other products are painting solvents, rust treatments and marine chemicals. Most of their products are concentrated which can provide customers with big savings.

They also have hair and body products, hand soaps, candles, cups, bowls, plates, mops, brooms, buckets, toilet tissue and paper towels. Earth-friendly green products & Amy's Country Candles, "the South's best hand poured triple scented candles" are sold as well.

Customers get what they need, when they need it, at the lowest cost. Just as important, a knowledgeable customer service rep is always available to assist in the selection of appropriate products and explain their proper use.

All employees receive thorough training, background checks and drug screenings. Supervisors then perform on-the-job training to make sure the employees are performing at a high level. The company is licensed, insured and bonded.

Unlike some of our competitors, we don't require long term contracts. Our services can be terminated at any time with 30 days' notice, but that seldom happens. You don't stay in business for 19 years if you're not pleasing your customers. Many customers have been with us for 10 or 15 years or longer.

The business accepts one-time jobs and also schedules regular services daily, weekly or monthly, with services customized for each client. Services include: janitorial cleaning; floor care, including stripping, waxing and buffing; carpet cleaning; pressure washing; window cleaning; and providing cleaning and paper products. They can change hydrogen lights and dispose of them properly.

# Specializing in the Following Services

General Cleaning (daily, weekly, monthly or one time) Stripping, Waxing & Buffing Floors Complete Carpet Care Concrete Cleaning & Sealing Ceramic Tile & Grout Cleaning Construction Cleanup Window Cleaning **Pressure Washing Emergency Cleaning** CALL FOR A FREE ESTIMATE! We carry a wide variety of Janitorial supplies and paper products **FREE DELIVERY** ACCREDITED BUSINESS We Securely Accept VISA



# Louisiana Department of Transportation

Letting Date 3/13/2013

Project: H.002232.6-R1 - INDUSTRIAL BLVD. TO

THOMPSON RD.

(DBE GOAL FED 15%)

clearing and grubbing, drainage structures, cold planing asphaltic concrete, pavement patching, class ii base course, pavement widening, superpave asphaltic concrete pave-

ment, traffic signalization, and related work.

Associated Projects: H.002232.6

Parish(es): Terrebonne Route(s): LA 57

Federal: H002232 / 0348(008)

Estimated Cost Range: \$7,500,000 to \$10,000,000

Project: H.006043.6 - DOGWOOD TRAIL BRIDGE

OVER RED CHUTE BAYOU

(DBE GOAL FED 10%)

grading, class ii base course, superpave asphaltic concrete pavement, precast prestressed concrete girder span bridge,

and related work Parish(es): Bossier Federal: BRO-0810 (515)

Estimated Cost Range: \$1,000,000 to \$2,500,000

Project: H.007213.6 - Veterans Blvd Overlay Phase I

(Sharon St to Salem St)

grading, superpave asphaltic concrete pavement, pavement

patching, and related work

Parish(es): Jefferson

Route(s): VETERANS BOULEVARD

Federal: H007213

Estimated Cost Range: \$250,000 to \$500,000

Project: H.007219.6 - MANHATTAN BOULEVARD

(GRETNA - US 90B) OVERLAY

(DBE GOAL FED 7%)

cold planing asphaltic concrete, pavement patching, superpave asphaltic concrete pavement, and related work

Parish(es): Jefferson Federal: H007219

Estimated Cost Range: \$1,000,000 to \$2,500,000

Project: H.007518.6 - Museum District Streetscape En-

hancement

(DBE GOAL FED 6%)

class ii base course, pavement patching, landscaping, and

related work Parish(es): Orleans Federal: 3605(503)

Estimated Cost Range: \$500,000 to \$1,000,000

Project: H.008248.6 - LA 1: Hospital Road & WB Left

Turn Lane

(DBE GOAL FED 11%)

clearing and grubbing, drainage structures, cold planing asphaltic concrete, class ii base course, lime treatment, inplace cement stabilized base course, pavement widening, superpave asphaltic concrete pavement, and related work.

Parish(es): Pointe Coupee

Route(s): LA 1 Federal: H008248

Estimated Cost Range: \$2,500,000 to \$5,000,000

Project: H.009323.6-R1 - North Channel Bascule Control

System Replacement

control system replacement, electrical, and related work.

Associated Projects: H.009323.6

Parish(es): St. Tammany

Route(s): CAUSEWAY BRIDGE

Federal: H009323

Estimated Cost Range: \$1,000,000 to \$2,500,000

**Project: H.009414.6-R1** - I 20: TREE REMOVAL IN

DISTRICT 05

(DBE GOAL FED 3%)

clearing and grubbing and related work.

Associated Projects: H.009414.6 Parish(es): Ouachita, Richland

Route(s): I-20 Federal: H009414

Estimated Cost Range: \$1,000,000 to \$2,500,000



# Louisiana Department of Transportation

**Project: H009444.6** - US 51: 3-Lane Section at Lallie Kemp Hospital—cold planing asphaltic concrete, pavement widening, superpave asphaltic concrete overlay and related work.

Parish(es): Tangipahoa Route(s): US 51 Federal: H009444

Estimated Cost Range: \$250,000 to \$500,000

Project: H.009590.6 - US 165: RIVERTON OVERPASS -

OUACHITA LINE (DBE GOAL FED 2%)

cold planing asphaltic concrete, pavement patching, asphaltic concrete surface treatment, superpave asphaltic concrete overlay, and related work.

Parish(es): Caldwell Route(s): US 165 Federal: H009590

Estimated Cost Range: \$1,000,000 to \$2,500,000

Project: H.009786.6 - I-10 @ LA 328 (BREAUX BRIDGE) IN-

TERCHANGE LIGHTING (DBE GOAL FED 2%)

roadway lighting and related work.

Parish(es): St. Martin Route(s): I-10 Federal: H009786

Estimated Cost Range: \$500,000 to \$1,000,000

**Project: H.009954.6** - I-210 Intersection Improvements

(DBE GOAL FED 12%)

clearing and grubbing, grading, drainage structures, cold planing asphaltic concrete, pavement patching, class ii base course, superpave asphaltic concrete pavement, port cement concrete pavement, traffic signalization, and related work.

Parish(es): Calcasieu

Route(s): EAST COLLEGE STREET, W. PRIEN LAKE

ROAD, I-210 Federal: H009954

Estimated Cost Range: \$1,000,000 to \$2,500,000

Project: H.01041.6 - LA 1040: Old Baton Rouge Highway -U.S.

51—cold planing asphaltic pavement, superpave asphaltic concrete

overlay and related work. Parish(es): Tangipahoa Route(s): LA 1040 Federal: H010041

Estimated Cost Range: \$100,000 to \$250,000

Project: H.010477.6 - District 03 Controller Upgrade

(DBE GOAL FED 1%)

controllers, gps, and related work

Parish(es): District 03 Federal: H010477

Estimated Cost Range: \$500,000 to \$1,000,000

**Project: H.010520.6** – LA 3238: LA 46- LA 39

(SBE GOAL FED 6%)

grading, cold planing asphaltic concrete, superpave asphaltic con-

crete pavement, pavement patching, and related work.

Parish(es): St. Bernard Route(s): LA 3238 Federal: H010520

Estimated Cost Range: \$250,000 to \$500,000

**Project: H.010583.6** - I-55: EXIT 28 EMERGENCY TRUSS

REPLACEMENT signage and related work Parish(es): Tangipahoa

Route(s): I-55

Estimated Cost Range: \$100,000 to \$250,000

Project: H.010632.6 - SIGNAL UPGRADE IN DISTRICT 03

(DBE GOAL FED 2%)

traffic signalization and related work.

Parish(es): St. Landry

Route(s): LA 31, US 190, La 31

Federal: H010632

Estimated Cost Range: \$500,000 to \$1,000,000

RFP Advertisements for Professional Services Contracts for LA DOTD

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In no event will we be liable for any loss or damage including without limitation, indirect or consequential loss or damage, or any loss or damage



# Louisiana Department of Transportation

# RFP Advertisements for Professional Services Contracts for LA DOTD

| Date      | Project No. | Project Name                                                                                    | Parish(es)     | Closing Date |
|-----------|-------------|-------------------------------------------------------------------------------------------------|----------------|--------------|
| 2/11/2013 | 30000550    | Motorist Assistance Patrol Sponsorship<br>Program                                               | Statewide      | 3/11/2013    |
| 2/8/2013  | 4400003591  | Retainer Contracts For Trust Indenture<br>And Engineering Services For La 1 Toll<br>Facilities  | Lafourche      | 2/26/2013    |
| 2/8/2013  | 4400003744  | Retainer Contracts For Right Of Way Construction Cost Services For Projects                     | Statewide      | 3/8/2013     |
| 2/8/2013  | H.010596    | Off-System Highway Bridge Program                                                               | West Feliciana | 2/26/2013    |
| 2/1/2013  | H.010597    | Off-System Highway Bridge Program                                                               | West Feliciana | 2/26/2013    |
| 2/20/2013 | 4400003760  | Retainer Contracts for Right of Way Business Evaluation Services for projects                   | Statewide      | 3/18/2013    |
| 1/25/2013 | 4400003686  | Retainer Contracts For Right Of Way Title<br>Abstract And Title Update Services For<br>Projects | Statewide      | 2/25/2013    |

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5745 Essen Lane, Suite 200 Baton Rouge, LA 70810

# What can SJB Group do for You?

**SJB Group, LLC** can provide <u>free assistance</u> to certified LADOT DBE firms in the following areas:

**SJB Group can assist you by**: preparing company business cards, profile sheets, and providing information on recommended target areas for your marketing efforts.

By acting as a liaison between the DBE Contractor and Prime Contractor for project information, and in problems occurring on the jobsite.

**By informing** of upcoming LADOT lettings, and project information for other agencies throughout the state. SJB can assist you in locating bid tabulation information as well.

**By providing** assistance and guidance on material takeoffs, bid preparation and estimating, project scheduling, and planning for projects that DBE firms are bidding or plan to bid in the near future.

**By helping** with office computer operations to include trouble-shooting problems, Internet access and software installation, and basic to technical computer training.

**By assisting** in financial areas such as loan and bond package preparations, company financial statements, business plan preparation, and SBA 8(a) and Hub-Zone certification packages. (225) 769-3400.